

Checklist of Questions for Parents of Children with Food Allergies to Ask the School Before the Year Begins

Provided by: ohhonestly.net

School-Wide Policy Questions:

- Are there allergy-free classrooms?
- Do all medications, including over-the-counter, need a prescription?
- Where are medications kept (nurse's office, front office, classroom, etc.)?
- Should we provide more than one of each medication to be kept in various locations?
- What are the lunchroom policies?
 - Allergy-free lunchroom?
 - Allergy-free tables?
 - Do children wash hands before/after lunch?
 - Are tables wiped down between meals?

Classroom Policy Questions:

- Is there a snack time in the classroom?
 - Do children wash hands before/after snack?
 - Are tables wiped down after snack?
- How are special days handled (birthdays, holidays, etc.)?
 - Do parents send in snacks?
 - Are there restrictions on snacks that parents provide?
 - If parents do provide snacks, is there a list of dates for these special days so we know when to provide a safe treat for our child?
- Does the teacher know how to administer an EpiPen?